

16th April 2018

“National Judo Day” launches in Trinidad and Tobago

Judo Trinidad and Tobago, a national sports body comprising of Judo clubs in Trinidad and Tobago, recently launched its initiative to establish 15th April, 2018 as “National Judo Day” in Trinidad and Tobago.

The launch of “National Judo Day” is intended to publicise and raise awareness of Judo in the country. The event to launch National Judo Day was held in Port of Spain, where there were demonstrations of not only Judo, but also other Japanese martial arts, including Kendo (Japanese fencing) and Aikido.

The demonstrations were followed by a workshop where the audience could get coaching on Japanese martial arts and beginner level students of Judo, in particular, received lessons from senior Judo practitioners.



Judo demonstration



Kendo demonstration



Aikido demonstration



Kendo workshop